

S.T.A.R. LIFE SKILLS Oct. 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Central 8:00 Personal goals 8:00 Nutrition (Joanne) 9:00 Food handler	2 No Life Skills Management training	3 No Life Skills Management training	4 No Life Skills Management training	5 No Life Skills Management training	6
8 Central 8:00 Personal goals 8:00 Nutrition (Joanne) 9:00 Food handler	9 East 8:00 Personal goals 8:00 Nutrition (Joanne) 9:00 Food handler	10 Star Closed	11 No Life Skills West 8:00 Nutrition (Joanne)	12 No Life Skills	13
15 No Life Skills Central 8:00 Nutrition (Joanne)	16 No Life Skills East 8:00 Nutrition (Joanne)	17 No Life Skills	18 No Life Skills West 8:00 Nutrition (Joanne)	19 No Life Skills	20
22 No Life Skills Central 8:00 Nutrition (Joanne)	23 East 8:00 Personal goals 8:00 Nutrition (Joanne) 9:00 Food handler	24 Life Skills 9:00 Culinary Arts 1:30 Cooking Class	25 Life Skills 9:00 Basic Computer 1:00 First Aid West 8:00 Nutrition (Joanne)	26 West 8:00 Personal goals 9:00 Food handler	27
29 Central 8:00 Personal goals 8:00 Nutrition (Joanne) 9:00 Food handler	30 East 8:00 Personal goals 8:00 Nutrition (Joanne) 9:00 Food handler	31 Life Skills 9:00 Culinary Arts 1:30 Cooking Class			 <p style="text-align: center;">S.T.A.R. Stand Together And Recover Centers</p>

Courses Offered at all 3 S.T.A.R. Centers
S.T.A.R. Life Skills

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