

Art Group	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>8/16-8/20 2021 S.T.A.R. EAST Recovery Group Schedule</b>						
TIME						
8:00 – 8:55 am	Morning Check In- Steven <b>*hybrid*</b>	Morning Check In- Anthony <b>*hybrid*</b>	Morning Check In- Anthony <b>*hybrid*</b>	Morning Check In- Steven <b>*hybrid*</b>	Morning Check In- Steven <b>*hybrid*</b>	
8:00 – 8:55 am	Art Group- Lorraine	Art Group- Lorraine	Art Group- Lorraine	Art Group- Lorraine	Art Group- Lorraine	
8:15- 9:45am				Goodwill Dollar Day- Jimmy (8:45)		Karaoke Party!
9:00 – 9:55 am	Art Group- Lorraine	Outing- Lorraine	Art Group- Lorraine	Art Group- Lorraine	Art Group- Lorraine	
9:00 – 9:55 am	Anger Management - Chelsea	Walking and Budgeting Group- Chelsea	Chakras- Chelsea <b>*hybrid*</b>	Recovery Pathways- Chelsea <b>*hybrid*</b>	Exploring Creativity- Chelsea <b>*hybrid*</b>	
9:00 am	Member's Choice Outing- Anthony	Superstition Springs Mall- Steven (9:30)	Shopping Extravaganza- Steven			
10:00 – 10:53 am	Recovery Group- Steven	Recovery Group- Anthony	Recovery Group- Anthony	Recovery Group- Steven	Bowling- Steven	Up Movie (10:30)
10:45- 11:00 am	AM Chores Lorraine	AM Chores- Nelson	AM Chores- Anthony	AM Chores- Brady	AM Chores- Lorraine	
11:00 – 11:55 am	ILS Group- Chelsea	Guess Who- Chelsea	Recovery Group- Chelsea	Recovery Group- Chelsea Self-Compassion- Melissa	S.H.R.E.C. (Spirituality, Hope, Recovery, Empathy and Compassion) -Chelsea	
11:00- 11:55 am	Self-Compassion- Melissa	Music Appreciation- Nelson	Recovery Group- Nelson	Music Appreciation- Nelson	Karaoke- Nelson	
12:30 - 1:00 pm	Lunch Call- Anthony	Lunch Call- Nelson	Lunch Call- Nelson	Lunch Call- Nelson	Lunch Call- Nelson	Movie Discussion  Lunch (12:15pm)
1:00- 1:15 pm	PM Chores Chelsea	PM Chores- Chelsea	PM Chores- Anthony	PM Chores- Steven	PM Chores- Chelsea	
1:15- 2:00 pm		Addiction Recovery Group- Anthony <b>*hybrid*</b>	ILS group- Chelsea	Clothing Share Group- Chelsea	Food Share Group- Nelson	

1:15-2:00PM	Mesa Library- Steven	ILS Group- Chelsea		Outreach- Steven		
2:00 – 2:55 pm	Art Group- Lorraine	Instructional Art- Lorraine	Art Group- Lorraine	Art Group- Lorraine	Art Group- Lorraine	
2:00-2:55 pm	1on1 Hour with Chelsea		Games Group- Nelson	Social Interactions Group- Nelson	Games Group- Chelsea	
3:00 pm	Center Closes @ 3:30pm	Center Closes @ 3:30pm	Center Closes @ 3:30pm	Center Closes @ 3:30pm	Center Closes @ 3:30pm	
4:15 – 5:00 pm						<b>S.T.A.R. EAST</b> 1310 W. University Dr. Mesa, AZ 85201 <b>P: 480-649-3642</b> <b>F: 480-668-8919</b> <b>M - F: 7:30 – 3:30pm</b> <b>Saturday: 7:30-2:00pm</b> Open Computer Lab: 9:00am-12pm 1:30pm-4:30pm
5:15 / 5:45 pm						
6:00 – 6:45 pm						
7:30 pm						

**Meeting ID: 698 863 3795**

**Password: StarEast**