

STAR West Center Schedule 8/1 to 8/31/2022

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-10:00 am	ART Project/Open ART	OPEN ART	ART Project/Open ART	OPEN Art	ART Project/Open ART
9:00-9:53 am	<p>Kroc Center 8/1, 8/15,8/22,8/29</p> <p>Marvel Character T-shirt Day 8/15</p> <p>Camp Shadow Pines 8/29</p> <p>Understanding Your Mental Health Diagnosis-Gigi (Hybrid) 562 040 7948 Star2)</p>	<p>Gem World 8/2, Harkins 8/9, Arrowhead Mall 8/16, Top Golf 8/23, Out and About 8/30</p> <p>Camp Shadow Pines 8/30</p> <p>Meditation-Jeff</p>	<p>Walmart 8/3, Barnes and Noble 8/10, Zia Records 8/17, Bookman's 8/24, Glow Putt Mini Golf 8/31</p> <p>Goals Setting in Recovery-Gigi (Hybrid: 562 040 7948 Star2)</p> <p>Jeff P. Cooking Class TBA</p>	<p>Volunteer at St. Mary Food Bank 8/4,</p> <p>Bowling 8/11, 8/18</p> <p>STAR All-Site 8/25</p> <p>Music and Movement-Gigi</p>	<p>Hawaiian Prom Dance 8/5</p> <p>Kroc Center 8/12, 8/19, 8/26</p> <p>Bracing for Change-Mike (Hybrid: 562 040 7948 Star2) no group on 8/5</p> <p>Intellectual, Occupational, Physical, Social Wellness-Hector 8/5, 8/12, 8/19, 8/26 Meeting ID: 850 2723 0035 Passcode: 452115</p>
10:00-10:53 am	<p>What's Your Story-Beth (Hybrid: 562 040 7948 Star2)</p> <p>Member Council Meeting 8/8</p>	<p>Developing Self-Worth and Confidence-Jeff (Hybrid: 562 040 7948 Star2)</p>	Bingo-Jeff	<p>Start Where You Are-Gigi</p> <p>Member Orientation on 8/11</p>	<p>Weekend Recovery-Mike (Hybrid: 562 040 7948 Star2) no group on 8/5</p>
11:00-11:53 am	<p>Working with Your Doctors-Gigi (Hybrid: 562 040 7948 Star2)</p> <p>Members Meeting 8/8</p>	<p>Improving Your Memory-Gig (Hybrid: 562 040 7948 Star2)</p>	Housing Needs with Wanda	<p>Recognizing Activations-Gigi (Hybrid: 562 040 7948 Star2)</p>	<p>Conflict Management-Hybrid: 562 040 7948 Star2) no group on 8/5</p>

12:00-12:15pm	Announcements/ Lunch	Announcements/ Lunch	Announcements/ Lunch	Announcements/ Lunch	Announcements/ Lunch
12:15-12:45 pm	Lunch and Learn	Lunch and Learn	Lunch and Learn	Lunch and Learn	Lunch and Learn
1:00- 1:53 pm	Walmart 8/1, Dollar Tree 8/8, 5 Below 8/15, Barnes and Noble 8/22, Out and About 8/29 Spirituality -Jeff (Hybrid: 562 040 7948 Star2)	99 Cent Store 8/2, Brass Armadillo 8/16, Ross 8/23, Avondale Library 8/30 Building Resiliency- Mike (Hybrid: 562 040 7948 Star2)	Target 8/3, Fry's Market Place 8/17, Goodyear Library 8/24, Hobby Lobby 8/31 Mental Health Jenga-Jeff (Hybrid: 562 040 7948 Star2)	Trivia/Clothing Share	Healthy Shopping Techniques/Food Share
2:00-2:53 pm	Open Topic	Open Topic	Open Topic	Open Topic	Open Topic

1st Saturday	2nd Saturday	3rd Saturday	4th Saturday
Closed	Closed	Closed	Closed