

## S.T.A.R. EAST Community Outing Calendar (February 2023)

| Monday                                                                                     | Tuesday                                                                    | Wednesday                                                                              | Thursday                                                   | Friday                                                                             | Saturday                                                                              |
|--------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|           |                                                                            | <b>1</b><br>8:30 Recovery in the Park -Don                                             | <b>2</b><br>9:30 Thrift Store Extravaganza-Nicole          | <b>3</b><br>9:45 Bowling- Don                                                      | <b>4</b>                                                                              |
| <b>6</b><br>Dollar Tree, Zia & 360 Thrift 9:30                                             | <b>7</b><br>Recovery in The Park- Don (8:30)                               | <b>8</b><br>Healthy Breakfast Group 8:00<br><b>Center Closes @ 12:15 For All-Staff</b> | <b>9</b><br>Food Box- Don<br><b>11:15 Member's Meeting</b> | <b>10</b><br>9:45 Bowling- Don                                                     | <b>11</b>                                                                             |
| <b>13</b><br>Ross, 5 Below and Ulta 9:30-Don<br><br>1:15pm Joanns Art Supply Outing-Nicole | <b>14</b><br>Recovery in The Park- Don (8:30)<br><br>Valentine Bingo 11:00 | <b>15</b><br>Superstition Ranch Market & 99cent Store- Don (9:00)                      | <b>16</b><br>Phoenix Art Museum- Don (9:30)                | <b>17</b><br>9:45 Bowling- Don<br><br>Sound Healing Meditation @ Admin (8) 10-12pm | <b>18</b>                                                                             |
| <b>20</b><br><b>Center Closed in Observance of President's Day</b>                         | <b>21</b><br>Chair Yoga Meditation (8) @ Admin 10-12pm                     | <b>22</b><br>9:45 Goodwill- Don                                                        | <b>23</b><br>TBD All Site 10-2pm                           | <b>24</b><br>9:45 Bowling- Don                                                     | <b>25</b>                                                                             |
| <b>27</b><br>KROC Center 8:45am – David and Cody                                           | <b>28</b><br>TBD Harkins Movie Outing                                      |                                                                                        |                                                            |                                                                                    |  |

**S.T.A.R. EAST**  
 1310 W. University Dr.  
 Mesa, AZ 85201

**Center Hours**  
 Monday – Friday 7:30 am – 3:30 pm  
 Saturday 7:30 am – 2:00 pm

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