

Renee's R.N. ZOOM Groups for
S.T.A.R Nurse Group Calendar

FEBURARY

2024

Meeting ID: 254 970 5851

Passcode: Group

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 Learn about Back pain at 2PM on ZOOM
4 Learn about Essential Oils at 2PM on ZOOM	5	6	7 Learn about GERD at 4:30 pm On ZOOM	8	9	10 Learn about physical activity and zumba at 2PM On ZOOM
11	12	13	14 Learn about Nutrition at 4:30 pm on ZOOM	15	16	17 Learning to Love Yourself part 1 at 2PM-On Zoom
18 Learning to Love Yourself part 2 at 2PM on ZOOM	19	20	21	22	23	24 Learn how to reduce stress and relax at 2PM on ZOOM
25 Learn about Tardive Dyskinesia at 2PM on ZOOM	26	27	28 Learn about Health Screenings at 4:30pm on Zoom	29		

<p>S.T.A.R. CENTRAL 2502 E. Washington St. Phoenix, AZ 85034 Phone 480-649-3642 Fax 480-668-8919</p>	<p>S.T.A.R. EAST 1310 W. University Dr. Mesa, AZ 85201 Phone 480-649-3642 Fax 480-668-8919</p>	<p>S.T.A.R. WEST 605 N Central Ave Avondale, AZ 85323 Phone 623-882-8463</p>	<p>Tiffani BSN,MSN, FNP-BC, BHP Renee RN, MSN, BHT Karen RN, BSN, BHT Niccole RN</p> <p>Instagram: @STARNursesCorner</p>
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