

S.T.A.R Nurse Group Calendar **East** Hybrid **March**

2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Nurse Karen</p> <p>Meeting ID:480 649 3642</p> <p>Passcode: Nurse</p>	<p>Nurse Niccole</p> <p>Meeting ID:880 931 1744</p> <p>Passcode: Nurse</p>			<p>1</p> <p>9:05 Wellness</p> <p>11:20 High cholesterol</p>
<p>4</p> <p>9:05 Smoking cessation</p> <p>11:20 Improve our wellness</p>	<p>5</p>	<p>6</p> <p>9:05 Heart health</p> <p>11:20 Physical activity</p>	<p>7</p> <p>9:05 Learn about diabetes</p> <p>11:20 Fall prevention</p>	<p>8</p> <p>9:05 Learn about COPD</p> <p>11:20 Hypertension</p>
<p>11</p> <p>9:05 Smoking cessation</p> <p>11:20 Improve our wellness</p>	<p>12</p>	<p>Staff Meeting</p> <p>STAR close at 1pm</p> <p>9:05 STI</p> <p>10:15 Dental health</p>	<p>11:20 Member meeting</p> <p>9:05 Learn about diabetes</p> <p>10:15 Manage hypertension</p>	<p>15</p> <p>9:05 Learn about COPD</p> <p>11:20 Hypertension</p>
<p>18</p> <p>9:05 Smoking cessation</p> <p>11:20 Improve our wellness</p>	<p>19</p>	<p>20</p> <p>9:05 The MIND diet</p> <p>11:20 COPD</p>	<p>21</p> <p>9:05 Learn about diabetes</p> <p>11:20 Physical activity</p>	<p>22</p> <p>9:05 Alzheimer's and dementia</p> <p>11:20 Dental health</p>
<p>25</p> <p>9:05 Smoking cessation</p> <p>11:20 GERD</p>	<p>26</p>	<p>27</p> <p>9:05 Manage hypertension</p> <p>11:20 Eye Health</p>	<p>28</p> <p>9:05 Learn about diabetes</p> <p>11:20 The MIND diet</p>	<p>29</p> <p>9:05 Learn about COPD</p> <p>11:20 Hypertension</p>

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