

S.T.A.R Nurse Group Calendar West Hybrid March

2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Nurse Karen</p> <p>Meeting ID:480 649 3642</p> <p>Passcode: Nurse</p>	<p>Nurse Niccole</p> <p>Meeting ID:880 931 1744</p> <p>Passcode: Nurse</p>			<p>1</p> <p>9:00 Weight loss - 1</p> <p>11:00 High cholesterol</p>
<p>4</p> <p>Hybrid groups available</p>	<p>5</p> <p>9:00 Smoking cessation</p> <p>11:00 GERD</p>	<p>6</p> <p>9:00 Heart health</p> <p>11:00 Physical activity</p>	<p>7</p> <p>Hybrid groups available</p>	<p>8</p> <p>9:00 Weight loss - 2</p> <p>11:00 Hypertension</p>
<p>11</p> <p>Hybrid groups available</p>	<p>12</p> <p>9:00 Smoking cessation</p> <p>11:00 Diabetes</p>	<p>13</p> <p>Staff Meeting</p> <p>STAR close at 1pm</p> <p>9:05 STI</p> <p>10:15 Dental health</p>	<p>14</p> <p>Hybrid groups available</p>	<p>15</p> <p>9:00 Weight loss - 3</p> <p>11:00 Hypertension</p>
<p>18</p> <p>Hybrid groups available</p>	<p>19</p> <p>9:00 Smoking cessation</p> <p>11:00 Improve our wellness</p>	<p>20</p> <p>9:00 The MIND diet</p> <p>11:00 COPD</p>	<p>21</p> <p>Hybrid groups available</p>	<p>22</p> <p>9:00 Weight loss - 4</p> <p>11:00 Dental health</p>
<p>25</p> <p>Hybrid groups available</p>	<p>26</p> <p>9:00 Smoking cessation</p> <p>11:00 The MIND diet</p>	<p>27</p> <p>9:00 Manage hypertension</p> <p>11:00 Eye Health</p>	<p>28</p> <p>Hybrid groups available</p>	<p>29</p> <p>9:00 Weight loss - 5</p> <p>11:00 Diabetes</p>

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